

# STARTERS

<b>GARLIC BREAD</b> .....	4.5	<b>WHITEBAIT FRITTERS</b> <i>with housemade tartare</i> .....	13
<b>CIABATTA BREAD</b> <i>with e.v. olive oil and balsamic</i> .....	3.5	<b>BARBECUED OCTOPUS</b> <i>with parsley, tomato concasse, lemon oil</i> .....	14
<b>TRIO OF DIPS</b> <i>roast capsicum, cannellini bean, olive tapenade, crostini</i> .....	7	<b>GARLIC PRAWNS</b> <i>with white wine, fresh tomato sauce, Italian bread</i> .....	14
<b>OYSTERS</b> <i>freshly shucked by our chef</i> .....	1/2 doz/1 doz	<b>LAMB SKEWERS</b> <i>with housemade garlic yoghurt</i> .....	14
:: Natural.....	16/28	<b>CHICKEN WINGS</b> <i>marinated in our special house made barbeque sauce</i> .....	13
:: Kilpatrick.....	19/31		
:: Signature Mornay.....	19/31		
<b>SALT &amp; PEPPER CALAMARI</b> <i>lightly floured and flash fried, housemade tartare</i> .....	15		

**Check our black board for Chef's Specials**

# CLASSICS

<b>GNOCCHI RAGU</b> <i>housemade potato gnocchi with a slow cooked chunky bolognese</i> .....	19	<b>FISH &amp; CHIPS</b> <i>beer battered flathead, with chips and salad, house made tartare</i> .....	19
<b>LINGUINE GAMBERI</b> <i>with prawns, baby spinach, garlic, white wine and fresh tomato</i> .....	20	<b>CHICKEN PROVOLONE</b> <i>chicken scaloppine with prosciutto, provolone cheese, white wine butter sauce with vegetables and potatoes</i> .....	22
<b>SPAGHETTI MARINARA</b> <i>with calamari, octopus, mussels and prawns in a tomato based sauce</i> .....	21	<b>WAGYU BEEF BURGER</b> <i>with mixed leaf, tomato, grilled onion, cheese, housemade mayo, tomato sauce on a sesame seed bun, with chips</i> .....	15
<b>COZZE PAZZE</b> <i>bowl of mussels "our way" cooked with garlic, red capsicum and Napoletana covered with pizza dough and oven baked</i> ....	22	<b>SCOTCH FILLET</b> <i>250g steak grilled to your liking, with chips and salad or vegetables and potatoes, with your choice of peppercorn or red wine gravy</i> .....	28
<b>BARRAMUNDI FILLET</b> <i>grilled with chips and salad, house made tartare</i> .....	24		

**Check our black board for Chef's Specials**

## KIDS

<b>FISH &amp; CHIPS</b> .....	9
<b>NUGGETS &amp; CHIPS</b> .....	9
<b>CHEESE BURGER &amp; CHIPS</b> .....	9
<b>SPAGHETTI NAPOLETANA</b> .....	9

## EXTRAS

<b>CHIPS</b> <i>small or large</i> .....	4/7
<b>GARDEN SALAD</b> <i>small or large</i> .....	4/9
<b>ROCKET SALAD</b> <i>with shaved parmesan, lemon oil</i> .....	9
<b>SEASONAL VEGETABLES</b> .....	6
<b>PEPPERCORN</b> <i>or RED WINE GRAVY</i> .....	3
<b>ADD CHIPS &amp; SALAD</b> <i>only applies to certain starters</i> .....	5

No alterations to the menu | B.Y.O birthday cake only | No split billing | EFTPOS & credit cards min. \$20

## TRADING HOURS

**LUNCH** Tuesday - Saturday 12 - 3pm | Sunday 12 - 4pm | **DINNER** Tuesday - Saturday 6-9pm



*We cater for  
group bookings & functions*

*Call*

9797 1844

*Enquire*

[theretreat@westsashfield.com.au](mailto:theretreat@westsashfield.com.au)

*Visit*

[www.theretreatgardenbistro.com.au](http://www.theretreatgardenbistro.com.au)

*Follow us*



*The Retreat Garden Bistro*



*retreatgarden*